



Raising Special Kids

Families Helping Families

Are you prepared?



Fire Captain and Paramedic, Jeff Chesleigh with his son, Connor

Connecting

Summer 2013

vol. 18, no. 2

Getting Ready

What can your family do to prepare for a disaster?

What comes to mind when you hear “emergency?” Parents often think of a medical emergency related to their child’s special health condition. Preparations may involve making sure your child’s caregivers and school know which hospital you prefer, what medications your child is taking, and who to call if you cannot be reached.

Those are good basic steps for an emergency that is specific to your child, but sometimes

emergencies affect an entire school, neighborhood, or city. If your family needs to “shelter in place” within your home, or evacuate and possibly move to a shelter, what would you need to be prepared?

For families of children with special needs, emergency preparedness requires a broad view and some extra attention to planning. Reviewing a variety of emergency scenarios is the first step in being well-prepared.

— continued on page 3

Preparedness tips from staff

Personal recommendations on getting prepared for a disaster or other emergency

My son has a diagnosis of Spina Bifida and Hydrocephalus. I've prepared a backpack with medical essential supplies for him. In our case these are some of the essential items needed: catheters, syringes, gloves, ky-gel, chait button adapter, meds, salt, list of meds he is allergic to, medical alert bracelet, water and insurance information. He knows what we need because he is used to carrying a small backpack everywhere he goes (relatives' house, church, movies, social activities) when he's not in school.



— **Dolores Rios Herrera**
Family Support Specialist, Phoenix



Our family uses sign language to communicate. It's essential for us to have a flashlight with plenty of spare batteries. For children with hearing aids and cochlear implants, spare batteries are a must.

— **Jeanne Hollabaugh**
Family Support Specialist, Tucson

My son, who has autism, has always needed to stick to a routine and has never done well with change. The thing that helps him to transition from one thing to the next is his iPad— and a wifi connection!

— **Gloria Demara**
Family Support Specialist, Yuma



Our son would need music. We'd have to bring a radio with solar or handcrank battery charging capabilities, as well as his meal replacement drinks and medications.

— **Maureen Mills**
Family Support Specialist, Phoenix



Raising Special Kids
Families Helping Families

Connecting is published by
Raising Special Kids
5025 E. Washington St., #204
Phoenix, AZ 85034
602-242-4366 • 800-237-3007
Fax: 602-242-4306
raisingspecialkids.org
info@raisingspecialkids.org

Southern Arizona
400 W. Congress St. #241, Tucson, AZ 85701
520-441-4007

Northern Arizona
PO Box 5630, Flagstaff, AZ 86011
928-523-4870

STAFF

Joyce Millard Hoie
Executive Director

Marissa Huth
Editor

Anna Burgmann, Brianna Carreras,
Cat Coscia, Gloria Demara, Vickie French,
Kathy Gray-Mangerson, Rachel Hanzuk,
Denise Hauer, Marie Hoie,
Jeanne Hollabaugh, Wendi Howe,
Jill McCollum, Heather Joy Magdelano,
Maureen Mills, Janna Murrell,
Gabriela Parra, Genevieve Remus,
Dolores Rios Herrera, Vicky Rozich,
Nannette Salasek, Paulina Serna,
Heather Snider, Peggy Storrs,
Nilda Townsend, Kathleen Temple,
Christopher Tiffany, Alice Villarreal,
Kelly Watson, Neil Wintle

BOARD OF DIRECTORS

Paula Banahan, President
Blanca Esparza-Pap, Vice President
Elizabeth Freeburg, Treasurer,
Tom Batson, Secretary
Barbara Brent
Tonya Gray
Karen Hinds
Regan Iker-Lopez
Jenifer Kasten
Jacob Robertson
Gabriela Sanchez-Orozco
Janelle Tassart
Karin Smith

Parent to Parent support is the heart of Raising Special Kids. Information about local services, educational programs, advocacy, or special health care needs is available in Spanish and English. Services are provided at no charge to families in Arizona.

Raising Special Kids is a 501(c)(3) non-profit organization.

What is realistic and practical?

Getting ready for every possible disaster can be overwhelming. Will Humble, Director of the Arizona Department of Health Services, said “keep it simple and use common sense—trust your instincts as a parent. First, prepare for things that are most likely to occur.” It is important to understand what types of events are most likely to affect your area. For the majority of Arizona’s population, the list includes:

- Excessive heat
- Extreme storms
- Power outages
- Wildfire
- Flooding
- Higher elevations: Snow storms and ice



Nannette laid out a “Ready Kit” of essential supplies she would need to bring for her daughter if their family evacuated or moved to an emergency shelter. Annie has Spina Bifida and Hydrocephalus.

Personalize

“Families are the *first* first responders,” said Humble. Each family’s situation presents unique needs as well as assets to draw upon. Will your family need medication? Electricity? Attendant care?

Raising Special Kids asked parents of children with special needs to consider what their family would need. Responses included:

- Ice packs and a cooler for medication
- Detailed medical records about a complex condition
- A quiet, enclosed space or noise cancelling headphones
- Batteries/recharger or maintenance kit for specialized medical or assistive technology equipment
- A personal flashlight to enable sign language or lip-reading in the dark
- Supplies for a service animal

In addition to items everyone should prepare (water, first aid kit, etc.) consider what unique items you should have ready to go in order to meet your child’s essential needs if you do not have access to resources you use every day. Would your child need additional provisions for communication, transportation, supervision, nutrition, personal care or medical care?

Your network

In an emergency, your support network of other people may become your most important asset. Consider who is in your support network of Family, Friends, and Caregivers. Know how they can be reached, and ensure they know the best way to reach you. How will you reunite with your family members if an event happens while you are separated? Identify a place to go if you need to evacuate, and check to see that your destination is prepared to accommodate the essential needs of your child.

Inform your local fire department

Families whose child has specialized medical equipment or behavioral needs may benefit by disclosing that information to local first responders. Jeff Chesleigh, a Fire Captain and Paramedic for Rural Metro and parent to a child with special needs, “highly” recommends families with critical medical technology in their home offer an introduction to fire department personnel to familiarize them with the equipment. “Hospitals sometimes send kids home from the hospital with IV pumps or vents. If you

— continued from page 3

have things like that, I would certainly let the fire department know.” He also noted that casual home visits by fire department personnel may be useful for certain behavioral situations such as a child with autism who may have extreme reactions to strangers. Having familiarity with emergency personnel in uniform before an actual emergency arises could reduce confusion for a child.



“Since we moved away from an earthquake zone, we’ve found it is easy to fall out of the habit of always being ready for a disaster. But we’ve been through a disaster situation in which we had no drinking water for two weeks. It is so important to be prepared!”

Ray Morris, a fireman with experience in crisis and emergency management, is also the parent of a son with special needs, and he provides information on Emergency Preparedness for families of children with disabilities.** He explained that modern computerized emergency dispatch systems can inform response crews about special circumstances at a particular address. It can be helpful for fire departments to know in advance about functional needs of a child in their area such as mobility issues or critical medical technology.

**Training information

<http://dads4specialkids.com/emergency-preparedness>

Locations outside your home

Create a plan for each location where your child will be spending time on a regular basis. Consider daily transportation routines such as a school bus or car pool, school, day care, extra-curricular activity areas, and homes of extended family and friends.

Schools are required to have an emergency plan. Inquire whether the plan addresses how to accommodate students with special needs. If your child will have extraordinary needs during an emergency event, such as access to medica-

tion or an attendant to prevent wandering, ask the school about the plan to address those needs.

Community Preparedness

Becoming involved in your community’s preparedness efforts can increase your awareness and that of first responders and organizers.

“Arizona is becoming a national leader in

Emergency Preparedness for people with disabilities because of the collaboration of two communities: Emergency Services and Access and Functional Needs,” said Tony DiRienzi, Director of the Arizona Statewide Independent Living Council (SILC).

SILC meets regularly with representatives from

the Arizona Department of Health, the Arizona Division of Emergency Management and the Maricopa Department of Emergency Management to collaborate on strategies for inclusive emergency mitigation, response and recovery for people with access and functional needs. “We are looking at the needs of individuals and families in order to accomplish activities of daily living. Access means more than being able to get through the front door of a building. It could include access to quiet areas, specialized equipment, electricity to recharge equipment, and other needs.”

Being proactive and getting your home and other locations ready before an event occurs can give you confidence and reassurance that you have done the best preparation for your family. The task may seem overwhelming, but if you take small steps, you can improve your family’s preparedness each day. A good first step is to download Raising Special Kids’ Emergency Fact sheet and complete the attached information form to share with all your child’s caregivers (see how below).

Raising Special Kids Emergency Fact Sheet

Download from our web page <http://raisingspecialkids.org/resources/emergency-preparedness/> or call for a paper copy 602-242-4366 or 800-237-3007.

Emergency Preparedness Resources Online

- Federal Emergency Management Agency <http://www.ready.gov/>
- Arizona Emergency Information Network <http://www.azein.gov/azein>
- Do 1 Thing – A free 12-month program that makes it easy to prepare for emergencies or disasters by doing one thing each month. <http://dothing.com>
- Just In Case Arizona <http://www.justincasearizona.com/>
- County emergency departments in Arizona <http://www.dem.azdema.gov/countymap.html>
- Pediatric Emergency Preparedness <http://www.pediatricemergencypreparedness.org/>

Q/A on Foster or Surrogate Parent in Special Education

<http://www.azed.gov/special-education/special-projects/surrogate-parents/>

Under the Individuals with Disabilities Education Act (IDEA), every child in special education has the right to have certain people included on the team that determines the child's Individual Education Program (IEP). At least one of those people is a parent.

For some students, that role may be filled by a Foster Parent or a Surrogate Parent. The Arizona Department of Education published answers to some frequently asked questions about the role and rights of Surrogate and Foster Parents. Two sample questions are reproduced below, and the full document can be viewed at <http://www.azed.gov/special-education/special-projects/surrogate-parents/> or call Raising Special Kids for assistance 602-242-4366 or 800-237-3007.

Q If a child is in the legal custody of the State and has been placed with a foster parent but parental rights have not been terminated and the parents' educational rights have not been suspended, can the foster par-

ent participate in the IEP meeting, etc.?

A **Yes. Regardless of whether the biological or adoptive parent attends, the foster parent may participate in the IEP meeting as a participant.**

Q The child is in foster care but parental rights have not been terminated and the parents' educational rights

have not been suspended. Both the parent and the foster parent attend the IEP meeting and a disagreement arises between the foster and natural parent concerning the IEP placement. Which one has the authority and right to serve as the decision-making parent?

A **In this scenario, the parent, not the foster parent, has the legal authority and rights.**



SAVE THE DATE

Join Raising Special Kids for
“A Gatsby Affair”
to celebrate our 35th Anniversary!

Enjoy a Party With A Purpose
Saturday, March 1, 2014,
Bistro 24
at
THE RITZ-CARLTON® PHOENIX

No Cost Workshops & Training

For workshop descriptions or to register online visit www.RaisingSpecialKids.org
or call 602-242-4366 or 800-237-3007.

Our office is a fragrance-free environment. Please avoid wearing fragrances.

Phoenix

Disability Empowerment Center,
5025 E. Washington St., #204,
Phoenix, AZ 85034

High School Transition

Sat. 7/20/13, 8:00 – 9:45am
Summer School for Parents*

Getting and Keeping the First Job

Sat. 7/20/13, 10:00 – 11:45am
Summer School for Parents*
Thurs. 8/22/13, 6:00 - 8:00pm
Tues. 9/17/13, 6:00 - 8:00pm

Parent/Professional Collaboration

Sat. 7/20/13, 12:45 – 2:30pm
Summer School for Parents*

Guardianship

Turning 18, What's Next?

Sat. 7/20/13, 2:45 – 4:15pm
Summer School for Parents*
Sat., 8/17/13, 10:00am - 12 noon
Thurs., 9/12/13, 6:00 - 8:00pm

**Summer School for Parents
7/20/13, 8:00am - 4:15pm
Lunch provided. No child care.*

IFSP Basics

Thurs. 9/26/13, 6:00 - 8:00pm

Positive Behavior Support

Sat. 8/17/13, 10:00am - 12:00 noon
Thurs. 9/12/13, 6:00 - 8:00pm

Understanding 504

Sat. 8/17/13, 1:00 - 3:00pm

IEP Basics

Sat. 8/17/13, 1:00 - 3:00pm
Sat. 9/14/13, 10:00am - 12:00 noon

Advanced IEP Training

Sat. 9/14/13, 1:00 - 3:00pm

The Journey to Adulthood

Thurs. 8/8/13, 6:00 - 8:00pm

Bullying Prevention

Thurs. 8/22/13, 6:00 - 8:00pm

Organizing Your Child's Records

Thurs. 9/26/13, 6:00 - 8:00pm

Functional Outcomes

Tues. 9/17/13, 6:00 - 8:00pm

IDEA - What You Need to Know

Thurs. 8/8/13, 6:00 - 8:00pm

Yuma

ACHIEVE Human Services, Inc.
Corporate Office
3250-A East 40th Street
Yuma, AZ 85365

Yuma Conference for Parents of Teens

In collaboration with the Division
of Developmental Disabilities
Sat. 8/24/13, 9:00am - 3:30pm

- High School Transition
- Journey to Adulthood
- Guardianship

Parent Professional Collaboration

Wed. 9/25/13
5:00 to 6:30pm (English)
7:00 to 8:30pm (Spanish)

Tucson Area

(Locations vary)

IEP Basics

Thurs. 8/15/13, 1:00 to 3:00pm
Woods Memorial Library
3455 N. First Ave.
Tucson, AZ 85719

IDEA - Parents' Rights

Sat. 8/31/13, 10:00am to 12:00 noon
Mission Branch Library
3770 S. Mission Road
Tucson, AZ 85713

IEP Advanced

Thurs. 9/19/13, 6:00 to 8:00pm
Woods Memorial Library
3455 N. First Ave.
Tucson, AZ 85719

IEP Basics

Thurs. 9/26/13, 6:00 to 8:00pm
Sahuarita School District Admin. Bldg.
350 W. Sahuarita Rd.
Sahuarita, AZ 85629

Nogales

Cochise Community College
2021 N. Grand Ave.
Nogales, AZ 85621

Special Education Conference

Presented in Partnership with the
Santa Cruz Parent Love Connection
Sat. 9/21/13, 8:30am to 3:30pm

- Resilient Families
- IEP Basics
- Positive Behavior Support

Northern Arizona

(Locations vary)

IEP Basics

Parent Professional Collaboration

Thurs. Evening 8/1/13
Hopi
Location TBD (Watch for Flyer)

Organizing Your Records

8/13/13, 9:00 - 11:00am
Abundant Life Church
1212 N Stockton Hill Rd
Kingman, AZ

White Mountain Conference for Special Ed.

Sat. 9/28/13, 9:00 to 3:30pm
Taylor Intermediate School
207 N. 500 West
Taylor, AZ 85939

- Positive Behavior Support
- High School Transition
- Guardianship
- IEP Basics
- Journey to Adulthood;
Understanding Puberty

CALENDARIO EN ESPAÑOL

Por favor llamar al 602-242-4366 o 800-237-3007 para confirmar su asistencia a los talleres.

Vea el Calendario en español en nuestra pagina web: www.raisingsspecialkids.org

Disability Empowerment Center, 5025 E. Washington St., #204, Phoenix, AZ 85034

Somos una oficina libre de fragancias.

Al cumplir los 18 años, ¿que sigue?

Tutela: Tomando la Decisión y Entendiendo el Proceso
Aprenda lo que la Tutela implica y sus alternativas antes de que su adolescente cumpla los 18 años de edad.

lunes 8/19/13, 10:00 - 11:30am

lunes 9/23/13, 10:00 - 11:30am

El Comportamiento Positivo

El vínculo entre las familias las intervenciones y el apoyo conductual positivo es muy importante.

lunes 8/12/13, 10:00 - 11:30am

lunes 9/16/13, 10:00 - 11:30am

Resultados Funcionales

Ayuda a padres a identificar objetivos para el Plan Familiar Individualizado de Servicios (IFSP) o el Plan Individualizado de Servicios (ISP) de su niño. Aprenda cómo trabajar con terapeutas y proveedores para apoyar el progreso del desarrollo de su hijo.

sábado 9/14/13, 10:00 - 12:00pm

Conceptos Básicos del IEP

Aprender acerca del propósito del IEP a través de una visión general del documento y reunión.

lunes 8/12/13, 12:30 - 2:00pm

lunes 9/16/13, 12:30 - 2:00pm

Destrezas para ser un Padre Defensor Eficaz

Usted aprenderá:

- 1) Qué es ser defensor
- 2) Cómo mejorar sus destrezas de abogacia
- 3) Cómo hacer una contribución significativa

viernes 9/13/13, 12:30 - 2:00pm

El Camino a la Aduldez:

lo que todo padre debe saber

- Preparar a los jóvenes para los cambios de la pubertad y la adolescencia
- Identificar las destrezas necesarias para la adultez: qué deben saber los jóvenes, y cuándo
- Identificar las ideas y herramientas para ayudarles en el proceso

viernes 8/16/13, 10:00 - 11:30am



Adquiriendo y Conservando el Primer Trabajo

Taller diseñado para ayudar a las familias con estrategias que pueden utilizar los jóvenes con discapacidades para mejorar sus posibilidades de empleo.

viernes 9/13/13, 10:00 - 11:30am

Al cumplir los 3 años ¿que sigue?

Intervención Temprana

Aprenda sobre los requisitos para la transición e ideas para lograr un proceso mas fácil.

sábado 9/14/13, 1:00 - 3:00pm

Meet our new staff in Northern and Southern Arizona



Cat Coscia
Family Support
Specialist
Flagstaff



Denise Hauer
Family Support
Specialist
Flagstaff



Kathy Gray-
Mangerson
Family Support
Specialist
Tucson



Nilda Townsend
Family Support
Specialist
Sierra Vista



Gloria Demara
Family Support
Specialist
Yuma

Mediation

Excerpt from *Preparing for Special Education Mediation and Resolution Sessions: A Guide for Families and Advocates* published by The Advocacy Institute and The Children's Law Clinic Duke University School of Law

Parents of students in special education are equal members of the team that develops their child's Individual Education Program (IEP). In some cases parents are not able to reach an agreement with the other members of the team. At that point, one option many parents have found to be effective is mediation. The following excerpts provide an introduction to mediation, and the full guide can be downloaded free of charge online (see link below).



"THE MEDIATOR
ASSISTS THE PARTIES
TO WORK OUT THEIR
OWN SOLUTION"

What is special education mediation?

Special education mediation is a process in which a mediator helps to resolve a dispute between a parent and school district personnel over a child's special education program. A mediator is a neutral person who will help the participants arrive at a mutually satisfactory agreement. The mediator is paid by the state education agency, so there is no cost to either the school district or the parents.

The mediator should:

- Help the parents and school officials state their positions clearly and productively;
- Help the parents and school officials stay focused on the relevant issues;
- Provide a neutral assessment of the strength of each side's position;
- Separate the parents from the school personnel, if necessary or useful, and become their go-between for communication;
- Identify areas of agreement and disagreement;
- Suggest possibilities to each side that might bring them closer to agreement;
- Facilitate the drafting of a mediation agreement that resolves the dispute, if the parents and school officials have come to an agreement.

Download the complete guide at:

<http://www.advocacyinstitute.org/resources/Preparing.for.SpEd.Mediation.Resolution.Sessions.pdf>

Common Core and students with disabilities

Since 2010, 45 states have adopted standards for English and math called the Common Core Standards. These standards reflect knowledge and skills that students should develop in K-12 education, so they will graduate prepared for college or careers.

The standards apply to students with disabilities, so what are the implications for students in special education?

The National Dissemination Center for Children with Disabilities (NICHCY) reports:

"In the document *Application to Students with Disabilities*, the standards indicate that instruction for students with disabilities must include:

- supports and related services designed to meet students' unique needs and enable their access to the general education curriculum;
- an IEP that includes annual goals aligned with and chosen to facilitate their attainment of grade-level academic standards; and
- teachers and specialized instructional support staff who are prepared and qualified to

deliver high quality, evidence-based individualized instruction and support services.

Additional supports provided as needed:

- instructional strategies based on the principles of Universal Design for Learning (UDL); and
- assistive technology devices and services that enable access to the standards."

Read more online:

<http://nichcy.org/schools-administrators/commocore#families>

Disability Benefits 101

Website has tools and information on health coverage, benefits, and employment

Visit db101.org for useful and free information about how disability benefits intersect with employment. Use the calculator tools to enter your child's specific situation and discover how a job can affect their health coverage, cash benefits and total income.

Topics found under Tips for Parents include

- Start Planning Now - Help your child plan for the future.
- Benefits - Learn how your child's benefits may change after they turn 18.
- Education - Find out more about your child's options after high school.
- Working - Help your child plan for their future career and balance work and benefits successfully.



You can go directly to the area for Arizona residents at <http://az.db101.org/>.

Affordable Care Act

Visit Healthcare.gov to get acquainted with options for your family

October 1, 2013 marks the opening of the new Health Insurance Marketplace established under the Affordable Care Act (ACA) to provide a one-stop shop for consumers in each state to compare and purchase health insurance options. Coverage under the new insurance policies will begin as soon as January 1, 2014.

Learn about the ACA and what will be available to your family before the enrollment period begins. Information is currently available at HealthCare.gov (en Español: CuidadoSalud.gov) and more will be added during the coming

months. There is also a 24/7 call center available in 150 languages at 800-318-2596 (TTY): 855-889-4325.

Plans in the Marketplace are required to treat you fairly, and they cannot deny coverage because of a pre-existing condition. With a single application, you can also see if you qualify for Medicaid or the Children's Health Insurance Program, or savings you can use to lower your health insurance premiums.

If you need additional assistance, please call Raising Special Kids at 800-237-3007 or 602-242-4366.

Changes at Childrens Rehabilitative Services

Beginning October 1, 2013 families whose children receive services through Childrens Rehabilitative Services (CRS) will have one of four new CRS coverage types.

- Families will have a choice of receiving primary care or behavioral health services in the CRS clinic, or visiting a provider in the community who is contracted with CRS.
- Members will get a new CRS identity card.
- Members who are currently enrolled under Elderly Physically Disabled (EPD) through Arizona Long

Term Care Services (ALTCS) will be moved into their ALTCS plan and will not stay in CRS as of October 1.

- CRS members will be given a one-time option at age 21 to remain in CRS.

If you have further questions about changes in CRS services or the four coverage types, please call 866-275-5776, ask your CRS clinic, or email CRS_SpecialNeeds@uhc.com.

Preparación

¿Qué puede hacer su familia para prepararse para un desastre?

¿Qué es lo primero que se le viene a la mente cuando escucha la palabra “emergencia”? Los padres suelen pensar en una emergencia médica relacionada con la condición especial de salud de su hijo. La preparación, en este caso, implica asegurarse de que quienes cuidan de su hijo y las autoridades de la escuela sepan el hospital al que va, las medicinas que toma y a quién llamar si no pueden comunicarse con usted.

Esas son medidas básicas en caso de emergencias específicas de su hijo, pero a veces las emergencias afectan a toda la escuela, el vecindario o la ciudad. Si su familia debe resguardarse en casa, o evacuarla y trasladarse a un refugio, ¿qué necesitaría tener preparado?

Para las familias de niños con necesidades especiales, prepararse para una emergencia requiere una visión más amplia y mayor atención a la hora de planificar. Pensar en diversas situaciones de emergencia es el primer paso para estar bien preparado.

¿Qué es realista y práctico?

Prepararse para todos los desastres posibles puede ser abrumador. Will Humble, Director del Departamento de Servicios de Salud de Arizona, le sugiere que “no se complique y use el sentido común, confíe en sus instintos como padre. Primero, prepárese para lo que tiene más probabilidad de ocur-

rir”. Es importante saber qué tipos de eventos afectan con mayor frecuencia a la zona en la que se encuentra. Para la mayoría de la población de Arizona, los casos son:

- Calor excesivo
- Tormentas fuertes
- Cortes de electricidad
- Incendios forestales
- Inundaciones
- Zonas más altas: nieve y eventos relacionados con el frío

Personalice

“Las familias son los *primeros* primeros respondientes”, explica Humble. Las familias tienen necesidades únicas y requieren artículos distintos. ¿Su familia necesitará medicinas? ¿Electricidad? ¿Cuidados especializados?

Raising Special Kids le pidió a los padres de niños con necesidades especiales que pensarán en qué podría necesitar su familia y algunas de las respuestas fueron:

- Hielo y hieleras (neveras pequeñas) para las medicinas
- Historias médicas detalladas sobre condiciones complejas
- Un lugar tranquilo y cerrado o auriculares con cancelación de ruido
- Baterías y cargador o estuche de mantenimiento para equipos médicos especializados o con tecnología de apoyo
- Linterna para poder descifrar lenguaje de

señas o de labios en la oscuridad

- Suministros para un animal de servicio

Además de los artículos que todos deberíamos preparar (agua, botiquín de primeros auxilios, etc.), piense qué artículos específicos necesitaría para satisfacer las necesidades básicas de su hijo si no tuviese acceso a recursos que utiliza a diario. ¿Su hijo necesitaría suministros adicionales para comunicación, transporte, supervisión, nutrición, cuidado personal o médico?

Su red

En una emergencia, su red de apoyo de otras personas podría convertirse en su ventaja más valiosa. Piense en quién está en su red de apoyo de familiares, amistades y cuidadores. Averigüe como contactarlos y si saben la mejor forma de comunicarse con usted. ¿Cómo se reunirá con los miembros de su familia si ocurre un evento mientras están separados? Identifique un lugar para ir en caso de evacuación y asegúrese de que su lugar de destino está preparado para cubrir las necesidades básicas de su hijo.

Informe a su departamento local de bomberos

Las familias que tienen niños con equipos médicos especializados o necesidades de comportamiento pueden beneficiarse proporcionándole esa información al equipo de atención inmediata local. Jeff Chesleigh,

Capitán de Bomberos, paramédico de Rural Metro y padre de un niño con necesidades especiales, le recomienda “encarecidamente” a las familias que le brinden orientación al personal del departamento de bomberos para que se familiaricen con los aparatos de respiración u otros equipos médicos imprescindibles en el hogar familiar. “A veces, los hospitales envían a los niños a casa con bombas de infusión (IV pumps) o aparatos de respiración. Si tiene aparatos como esos, definitivamente recomiendo informarle al departamento de bomberos”. Chesleigh también afirma que las visitas domiciliarias del personal del departamento de bomberos pueden ser útiles para algunas situaciones del comportamiento, como un niño con autismo que pudiera tener reacciones extremas frente a personas extrañas. Familiarizarse con personal de emergencia uniformado podría ser útil para el niño en caso de una emergencia real.

Ray Morris, bombero con experiencia en manejo de crisis y emergencias, también tiene un hijo con necesidades especiales. Explica que existen modernos sistemas computarizados que pueden informarle a los equipos de respuesta sobre circunstancias especiales en determinada dirección. Las familias pueden ayudar a los equipos informándole al departamento de bomberos de antemano sobre necesidades funcionales de los residentes, como problemas de movilidad o tecnología médica imprescindible.

Lugares distintos a su hogar

Diseñe un plan para cada lugar en el que su hijo pase tiempo regularmente. Considere rutinas de transporte diarias, como el autobús escolar o el transporte compartido, la escuela, el centro de cuidado, áreas de actividades extracurriculares y casas de familiares y amigos.

Las escuelas deben tener un plan para emergencias. Investigue si el plan contempla cómo atender estudiantes con necesidades especiales. Si su hijo tuviese necesidades extraordinarias durante una emergencia, como acceso a medicamentos o a un asistente para evitar que se



<http://www.ready.gov/translations/spanish/index.html>

desorienta, pregúntele a la escuela por el plan para atender esas necesidades.

Preparación de la comunidad

Participar en las labores de preparación de su comunidad puede incrementar su nivel de consciencia, así como el del equipo de atención inmediata y el de los organizadores. “Arizona se está convirtiendo en líder nacional en Preparación para Emergencias para personas con discapacidades debido a la colaboración de dos comunidades: Servicios de Emergencia y Acceso y Necesidades Funcionales”, explica Tony DiRienzi, Director del Consejo Estatal de Vida

Independiente de Arizona (SILC, por sus siglas en inglés).

El SILC se reúne periódicamente con representantes del Departamento de Salud de Arizona, la División de Manejo de Emergencias de Arizona y el Departamento de Manejo de Emergencias de Maricopa para colaborar con estrategias relativas a la atención de emergencias de forma incluyente y a la respuesta y recuperación para personas con necesidades funcionales y de acceso. “Estamos estudiando las necesidades de individuos y familias para llevar a cabo actividades de la vida diaria. El acceso significa más que poder entrar por la puerta principal de un edificio. Puede incluir acceso a áreas tranquilas, equipo especializado, electricidad para recargar equipos y otras necesidades”.

Ser proactivo y tener su casa y otros lugares listos antes de que ocurra un evento le dará la confianza y la tranquilidad de saber que hizo todo lo posible para preparar a su familia. La tarea puede parecer abrumadora, pero si va poco a poco puede mejorar la preparación de su familia día tras día. Un buen primer paso es descargar la hoja de datos para casos de emergencia de Raising Special Kids, llenar el formulario adjunto y compartirlo con quienes cuidan a su hijo. Visite el enlace que aparece más abajo o llame al 602-242-4366 o 800-237-3007 para solicitar una copia.

Hoja de datos para casos de emergencia de Raising Special Kids <http://bit.ly/15NU1jX>.

Swimming

Ideal for kids with special needs and their families

Swimming is the ideal summer activity. It's great for cooling down, burning off energy, and sharing fun times with family and friends of any age.

The aquatic activity is the answer for many families as they try to help their kids keep fit through participation in athletics. Swimming is an essential safety skill that can be used throughout life, and it can be enjoyed as an individual activity or a team sport. For many kids with disabilities or special needs, the buoyancy of water is a physically liberating environment, and swimming offers benefits that most other sports or physical activities cannot match.

The weightlessness of being in water provides relief from effects of poor balance and postural control, and reduces strain on joints and connective tissues. The freedom of motion in this environment can promote movement and encourage exercise leading to improve-

Studies show exercise can improve mood and decrease anxiety. In addition, cognitive and psychological benefits can result from learning a new skill and may be seen in increased confidence, self esteem, discipline, self-reliance, mental well-being and general morale.



Heather Joy and her son, Soliz, enjoy time together in the water. She commented, "Swimming brings us together as a family and allows my children to be free. In the water they can explore movement, play together and gain a sense of accomplishment. The water allows them to be equal to other kids."

"From 2009 to 2011 , accidental drowning accounted for 91% of reported wandering related deaths in children with autism. Swimming lessons are a crucial component to your child's safety."

—Big Red Safety Toolkit from the National Autism Association

ments in strength, stamina, flexibility, gross motor skills, muscle tone, coordination and circulation. Without the hazards of hard surfaces, there is less risk of injury from falls or other impacts, yet the benefits of aerobic exercise are not lost.

Swim lessons can be a great opportunity to practice social skills with peers in an environment in which differences in physical ability are muted compared to most other sports. Kids can develop cooperation and communication skills, and release frustration through physical activity while having fun in a group of peers.

All in all—a terrific activity for any kid!

Where can I find swimming lessons for my child with special needs?

- Spofit Accessible Fitness Center www.spoftit.org
- City Adaptive Recreation departments
- Hubbard Family Swim Schools hubbardswim.com

Join the Garland Leadership Circle Today

Increase your impact and demonstrate a spirit of caring for our community that inspires others with a Garland Leadership Circle gift to Raising Special Kids.

The Garland Leadership Circle is a new giving society established by a generous gift from supporter **Richard Garland**.

As a Garland Leadership Circle member, you lead by example, through your financial investment, actions and voice. Your passion and generosity helps Raising Special Kids keep pace with the rising



needs of families of children with disabilities.

The benefits of being a member of the Garland Leadership Circle begin with the example that you are setting to your peers, family, and community. You will also be recognized at

our upcoming **Party With A Purpose 35th Anniversary Gala** (spring of 2014), in our annual report, quarterly newsletter and website.

Mr. Garland invites you to join him in this prestigious Leadership Circle with an annual investment of \$1,000 or more — just \$20 per week. You will play a vital role in the work of Raising Special Kids as we strive to provide families of children with disabilities education, resources and the support they need to effectively advocate for their children and create their own good outcomes.

Thank You to Our Donors July 1, 2012-May 31, 2013

Transformational

CareScape

Champions for the Cause

The Buffa Foundation
Joseph Cammisio, Sr.
Champagne Tap
Multi-Systems, Inc.
GreenbergTraurig, LLP
The Hannah B Foundation
Michael M Peacock Foundation
Heather Prouty
Nothing But NET
Salesforce Foundation

Pilots

Nancy Allen
Patrick Althoff
AZ Family Channel 3 NEWS
Paula Banahan
Tom Batson
Kevin Bonner
Jeni Calkins
Linda Cannon
Elizabeth Freeburg
Nancy Gunderson
Jacob Daniel Hammond
Joyce Millard Hoie
Eugene Huang
Marty Krepko
Donald Needham
Marilyn Pedg
Jesus Sosa
John West

Mentors

Lisa Aaroe
Brian Aleksa
Dr. Mary Allare
Amy Allen
Linda Anderson
Scott Anderson
Martin Aronson
Ellen Babby
Marti Baio
Lisa Baird
Pam Baldwin
Karen Bannon
Michaelene Barlow
Charles Baron

Lorrie Bean
Cynthia Betts
Bruce Beverly
Brian Bouterie
Barbara Buchanan
Evangeline & Patrick Buckley
Nancy Campbell
Shari Capra
Capstone Health Plan, Inc.
Julie Cauich
Anne Chase
Miriam Coffman
Dan Coleman
Karim Diab
Michael Disalvo
Alex Eckert
Elaine Ellis
Blanca Esparza-Pap
Jill Estep
Jodi Feuerhelm
Steve & Vickie French
Jerry Gerle
Susan Gillin
Art Gode
Thomas Halpern
Nicole Harguindeguy
Karen Hayenga
Mildred Hayenga
Mark Heitowit
Elizabeth Henrikson
Vickie Herd
David Hesser
Karen Hinds
Becca Hornstein
Terry House
Ingrid Huang
Marissa Huth
Regan Iler-Lopez
Valerie Iwinski
Potana Kumar Gupta Jamili
Angela & Curtis Jennings
Alison Johnson
Charles Kazilek
Dr. Dan Kessler
Emily Kile
Beth Kozik
Rosalie Krause
Greg Lechowski
Sherri Lehmann
Ellen Leibow
Nancy Licht
Jill Linden
Brad Lundquist

Mary Manross
Andrew Martin
Albert Martinez
Liz McBride
Kelly Medlyn
Sharon Melton
Victoria Millard
Zell Millard
Maureen Mills
Susan Morris
Debra Murrell
Gayle Nobel
Joni Owen
Tonya Price
Irma Ragsdale
Pam Remsey
Michael Remus
Matt Ribeiro
Jennifer Rigby
Chuck Riser
Kristen Roles
Susie Sands
Shelly Shaffer
Chuck & Nancy Smith
Karin Smith
Vance Smith
Michael Stanley
Christopher Tiffany
Margaret Tiffany
Trigon Executive Assessment
Center
Betsy Trombino
Jan Umhay
Steve Vial
Susan Voirol
Jill Walker
Waste Management Phoenix Open
JoAnn Watkins
Rob & Kelly Watson
Tim & Sally Watters
Robert Weigt
Gary Weiner
Leslie Williams
Neil Wintle

Friends

10 Minutes for Talking
Alyssa Adams
Nadine Alfonso
Margaret Anderson
Lani Angell Comp
Susan Baker

Shirley Bentle
Brigitte Bontems
Anna Burgmann
Kylie Campo
Brianna Carreras
John Carroll II
Steven Carter
James Carvalho
Challenger Little League - Tucson
Shauna Christofis
Dianna Contreras
Holly Cottor
Jane Dalen
Lauren Daniels
Megan Davis Dey
Diane Dimmock
Robert Duckworth
Alex Duggan
Kristen Eng
Julia Favela
Feeding Matters
First Cup - Dunkin' Donuts
First Smiles Yuma
First Things First
Karin Foster
Angela Fountain
Diedra Freedman
Paula Friedlund
Leticia Gonzales
Goodwill Job Connection
Susan Gregg Odum
Patty Hannah
Robert Harbeke
Kathy Harford
Alejandro Hernandez
Margo Himes
John Hoie
Linda Hudnall
Grace Kasnick
Jennifer Kasten
Marianne Kennedy
Mary Knight
Nancy Knobel
Teri Koenig
Melba Kolling
Betty Kowalski
Diane Kudo
Doris Lawson
Michael Lawson
Joyce Lecko
Kelli LeVasseur
David Lewis
Kinberly MacDuffie

Nancy Maser
Shauna Mattson
Emily Mayhew
Marilyn Cecelia Mead
Raun Melmed
Allison Merritt
Eileen Mueske
Chellappin Narayanan
Jodie Nebrich
Corinne Newbold
Angela Nguyen
Nancy Oreshack
Maria S. Padilla
Phil Pangrazio
Gwendolyn Parker
Dr. Leslie Paulus
Jennifer Perry
Karen Peters
Phoenix Children's Hospital -
The Emily Center
Maria Angelica Pimentel
Janice Proctor-Murphy
Mary Pyles
Becky Raabe
Terisa Rademacher
Katrina Rivera
Mimi Rogers
Bob Roper
Karen Ross
Robin Roth
Ellen Rutemiller
Gabriela Sanchez Orozco
Michael Sanderfer
Paulina Serna
Sharon Shelley
Robin Smith
Sandra Snider
Jonni Snyder
jennifer Sosnow
Special Olympics
Peggy Starrs
Lin Stoudt
Janelle Tassart
Debbie Terrill
Debbie Vesperman Fasano
Anh Toan Vu
Caryn Walsh
Robert Washouich
Jill West
Patricia Winner
Wolz's Florist
Cynthia Zobrist

Raising Special Kids News

Special Day for Special Kids

Thanks to the efforts of the Sunrise Scottsdale Rotary Club volunteers, Scottsdale Service Learning Students, photographer Jeff Lang and our Parent Leaders, more than 2,500 kids and their family members enjoyed food fun, free family portraits, train rides and lots more at Special Day for Special Kids in March.



Collaborative Therapies Conference



(right) Speech Pathologist Amy Maschue presented at the conference



Community Recognition

Kathleen Gray-Mangerson received the 2013 Diane Lynn Anderson Memorial Award from the Community Foundation Southern Arizona.

Jeanne Hollabaugh received the Hearing Advocacy Award from the Arizona Commission for the Deaf and Hard of Hearing.

Raising Special Kids is honored to accept the Ray Rafford Community Award from Mesa Public School District.



Maureen Mills, Alice Villarreal, Vicky Rozich, Christopher Tiffany

We gratefully acknowledge presenters at statewide trainings:

- Maureen Casey, AzEIP
- Amy Maschue, MS, CCC-SLP
- Rebekah Enfinger, PT, DPT
- Allison Crutchfield, DMD
- Heather Joy Magdelano
- Erin Robinson, MS, OTR/L
- Sarah Studebaker, MME, MT-BC
- Dr. Robin Blitz
- Feeding Matters
- Ryan House
- Down Syndrome Network
- Window Rock Community of Practice on Transition Committee

Board of Directors member Tom Batson shows his support at the Medicaid Restoration Rally. The Governor's Medicaid Expansion proposal was passed by the Arizona Legislature after strong community support.

Medicaid Rally at the Capitol



In The Spotlight

Making a Difference in the Lives of Children
Thank you for referring families to Raising Special Kids

February - April, 2013

A New Leaf
Arlette Townsend

Adelante Healthcare
Stacey Stocks

Advisa Care
Shannon King

Aid to Adoption of Special Kids (AASK)

All About Kids Pediatrics

American Academy of Pediatrics of Arizona Sylvia Davis

Arizona American Academy of Pediatrics
Emily Hughes
Amanda Sumner

Arizona Autism United
Paulina Tiffany

Arizona Bridge to Independent Living

Arizona Care Providers
Jackie Rivas

Arizona Center for Disability Law

Arizona Counseling and Treatment Services

Arizona Department of Education
Bob Fitzsimmons
Susan Voirol

Arizona Department of Education Parent Information System
Jill Castle
Amy Dill

Arizona Department of Health Services
Rita Aitken

Arizona School for the Deaf and Blind Anthony Principle

Arizona Children Association
Amanda Cole

AZEIP Arizona Early Intervention Project (0-3)
Lora Bruton
Cecilia Fernandez
Erica Mellis

Baio Enterprises, Inc.
Marti Balo

Banner Estrella Medical Center
Mebruke Birgeoglu

Banner Good Samaritan Medical Center
Annamarie Ricci, MSW, LCSW

Banner Health Center-Maricopa
Anne Welch, MD

Banner Thunderbird Medical Center
Mary K Wagner

Cardon Childrens Medical Center
Jessica Crowell, MSW
Ashley Genshonor
Shoyka Paap, MSW
Patty Zouada, LMSW
Care 1st Avondale Resource & Housing
Jennifer Griffin

Care Connect AZ
Adriana Amaya
Mario Larralde

Centro de Amistad
Adriana Arzola-Sierra
Elva Torres

Cheyenne Elementary School

Chicanos por La Casa, Inc
Child & Family Resources
Rosy Adame

Child Crisis Center
Socorro Eribes

Child Protective Services
Melanie Hughes
Laura Priest

Children's Clinics
Ana Chavez

Children's Rehabilitative Services
Ramona Cano

Christian Family Care Agency
Jeff Fallman

City of Phoenix Head Start
Deborah Aluy
Mayra Morales
Liza Roman
Clarendon Elementary School
Jocelyn MirValencia

Crisis Nursery
Joanna Martinez

Deer Valley Family Resource Center
Sheryl Steele

Department of Economic Security
Kristen Decker

Desert Valley Pediatrics

Division Of Developmental Disabilities
Robyn Abrams
Andrea Adams
Carmen Aguilera
Kim Banta
Whitney Barkley
Kim Becker
Ruben Bernal
Justin Bittick
Dominique Blackman-McKinley
Lois Brooks
William Byers
Kathleen Calder
Ashley Cannella
Robin Chanto
Leontia Colares
Susan Courinas
Anita Decker
Adrienne Dickson
Nikkia Gardner
Joelle Gillett
Nikki Gillett
Tanya Giotta
Zenobia Gipson-Burke
Kathi Guildig
Esther Hasz
Tatum Hemmeger
Billy Henderson
Erika Huff
Sandy Janichi
Dawn Johnson
Carla Johnston
Bonnie Kaplan
Kristina Kelsch
William Kilgore
Janet Landman
Amy Lerma
Candy Mancuso
Ellyn Manzo
Lupe Mares
Lucia Marquez

Luisa Martinez
Christina Matthews
Karen Mauro
Betsy McAnley
Martha Mills
Marta Monyer
Laura Moore
Melissa Morado
Carlos Morales
Sue Mumford
Tomasita Najera
Mi Nguyen
Kelli O'Brien
Julie Quesada-Coner
Yuriana Ramirez
Lisa Rennells
Brandy Rowland
Claudia Saenz
Lucren Schmidt
Marie Schritter
Laura Smith
Cristy Spear
Susan Stewart
Jennifer Stoeber
Cortney Tipton
Andrea Turner
Jake VanHouten
Rafael Velazquez
Angela Warren
Meghan Wiley
Elizabeth Williams

Down Syndrome Network

East Mesa Early Childhood Education Center
Shelly Cotes

Easter Seals Blake Foundation
Pilar Ojeda

Ebony House Inc
Lizette Novelo

El Rio Health Center
Andrew Arthur

El Rio SW Pediatrics
Dwayne Gorman

En Familia Ready 740 AM
Cristofer Pereyra

FACES of Crisis Nursery, Inc.
Asata Virgo

Family Learning Center
Marissa Beltran

Family Resources - Flagstaff

Family Voices of North Dakota
Donene Feist

Firelands Counseling Recovery Services
Darci Tellep

Fort Kojave Indian Tribe Vocational Rehabilitation

Fowler School District
Julie Davis

G A N E Gateway Pediatrics

Gilbert Unified School District

Golden Gate Theological Seminary

Compers Rehabilitation Center
Help Line
Hope Kids
Bridget Asheim

Humana Health Care

Indian Health Service
Candace Spearman, MD
Interfaith Agency
Janice Daniel

J O Combs Middle School
Jane M Rupard, PhD

Liberty Traditional Charter School
Tanya Lewis

Maricopa Integrated Health System
Stacy Moreno

Maricopa Medical Center
Mary Ashe LCSW
Christine Fruehly LCSW
Autism Livinghouse, RN,BSN
Sara Paxton

Melmed Center

Mercy Care Plan
Jennifer Ibanez

Mexican Consulate
Virginia Bojorquez

MIKID - Mentally Ill Kids in Distress

Milemarkers Therapy
Becky Stark

Mohave Mental Health Inc
Brandie Martin
Crystal Witt

Moore Vision Skills
Tennille Moore

Mountain Park Health Center
Barbara Hare, PsyD
Lauren Pearlman

Mountain View High School
Rebecca Whitlock

My Child is Ready Child Crisis Center Mesa
Jessica Binkley
Mary Holguin

North Country Health Care
Kathy Taylor

PACER Center

Palm Lane Elementary School

Palomina Elementary School
Lucia Jones

Paradise Valley Unified School District
Vicky Obamoto

Partners in Recovery
Peggy McAden

Pendleton Pediatrics

Peoria Unified School District
Janine Fische

Phoenix Children's Center
Casey Miles

Phoenix Childrens Hospital
Robin Blitz, MD
Lynda Crystal
Kristen Samodaddy, MD
Christina Waltersdorf
Melissa Haslam, LMSW
Jodi Meadows
Cynthia Nakamura
Cheryl Searles

Phoenix Children's Hospital- Cystic Fibrosis Center
June Lundy, LCSW

Phoenix Children's Hospital Developmental Pediatrics
Beth Trevino, MD

Phoenix Indian Medical Center
Jesse Sandvir

Phoenix Interfaith Agency
Dr. Shannon Forshy

Phoenix Union High School District
Ricky Peralta

Pinal County Head Start
Tony Linnbrick

Porter Elementary School
Lori Scott

Poston Butte High School
Ryan Rodriguez

Quartzsite Elementary School

Recovering Innovations
Rehab Without Walls
Mandy Cornelius

Rescare
Susan Lovett

Rio Vista Elementary School

RISE Early Intervention
Malae Grace
Suzanna Kirkham
Cameron Kizziah
Kristin Mancuso
Joanna Rish
Jenise Sienkewy

Riverside Elementary School District #2

Roosevelt School District

Sierra Linda High School
Dawn Bellingham

Sonoran Heights Elementary School
John Hamann

Sonoran Sky Elementary School
Alana Kopp

South Pointe Jr High School
Emerald Jones

South West Human Development
Priscilla Avila
Jenny Hernandez
Dr. Daniel Kessler
Niky Burr, PsyD
Jennifer Harrison
Amy Robinson
Sarah Torres
Gayle Wiens

Southwest Network
Estella Gomez

St Joseph's Hospital & Medical Center
Lindsay Kern, LMSW
Marilyn Shepherd

St Theresa Little Flower Catholic Preschool
Cissy Wolf

Stride Psychological Services LLC
Mary Okalea, PsyD/CC-AAAP

Sunrise Therapy
Dana Southworth

Teros

The Aces

The Children's Center

The Emily Center - Phoenix Children's Hospital
Joy Macleod
Eileen Mitchell

The Guidance Center
Blanca Oregone, MA, LPC

Tohono O'odham Nation - Division of Special Needs
Denise Aldrich

Touchstone Behavioral Health
Kathrine Allen

Tucson Central Pediatrics

UMOM New Day Centers

United Cerebral Palsy

West Valley Family Development Center

Willow Canyon High School

Wilson Community Center

Parent Leaders are the
Heart of
Raising Special Kids
Thank You!

February - April, 2013

Avondale

Gabriela Sanchez Orozco

Cave Creek

Kat Rivera

Chandler

Martha Burrer

Beth Maloney

Flagstaff

Laura Stanton

Gilbert

Jo Ellen Guthrie

Holland Hines

Louise Murphy

Kim Updegraff

Glendale

Fred Burgmann

Dawn Kurbat

Ellen O'Hare

Goodyear

Anne Dennis

Kingman

Art Gode

Meza

Julie Follmer

Kristina Park

Danielle Pollett

Phoenix

Rebecca Bailey

Michelle Bowen

Jeannie Bremerkamp

Jana Caplan

Patty Coe

Sara Eaton

Jim Gootee

Sharon Hayes

Karen Hinds

Maura Knoell

Maria Lopez

Kathy McDonald

Elizabeth Naughton-Ketzler

Doris Ortega

Carolyn Sechler

Chuck Smith

Lori Stuart

Paulina Tiffany

Maura Urquidí

Leslie Williams

Queen Creek

Kathleen Coleman

Scottsdale

Chris Atherton

Megan Bopp

Steve Lee

Carol Levenseller

Lynn Michels

Katie Petersen

Mary Quinsler

Ched Salasek

Tempe

Megan Davis Dey

Michael Sanderfer

Tolleson Kristie Amator

Volunteer

Philip Sanabria

Join Raising Special Kids' online communities:

Raising Special Kids
5025 E. Washington, Suite #204
Phoenix, AZ 85034

NONPROFIT ORG.
U.S. POSTAGE
PAID
PHOENIX, ARIZONA
PERMIT NO. 2017

RETURN SERVICE REQUESTED

Contents

Getting Ready	1
Calendar	6
Education	8
Health	9
Swimming	12
Raising Special Kids News	14

Contenido

Calendario	7
Preparación	10

Visit RaisingSpecialKids.org
to start helping us serve families
with your gift today.

7th Annual

Dandelion Golf Classic

**All proceeds
to benefit
Raising
Special Kids**

Sponsored by CareScape, Inc.
Saturday, September 28, 2013

Tuscany Falls at Pebble Creek Golf Resort

16262 W. Clubhouse Drive, Goodyear, Arizona 85395



Golfers will receive:
18 holes of golf with cart, range balls, golf shirt,
breakfast, lunch, player tee prize bag, one drink
ticket, one door prize ticket

6:30 am - Registration, Breakfast, & Driving Range

8:30 am - Shotgun Start

1:30 pm - Lunch, Auction, Door Prizes, & Awards

Call today for sponsorship opportunities!

Individual players \$150, Team Early Registration Package \$600

Must sign up by August 31, 2013

For details visit: www.dandeliongolfclassic.com

or contact: Kelly Watson 602-242-4366, 800-237-3007 or kellyw1@raisingspecialkids.org