

## MUSIC THERAPY OVERVIEW

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	<b>Rhythm</b>	<b>Tempo</b>	<b>Melody &amp; Harmony</b>	<b>Sound type &amp; Dynamics</b>	<b>Lyrics</b>	<b>Actions &amp; props</b>
<b>Sensory</b>	auditory awareness; beat awareness	organization for calming or alerting	direction & flow;	excitatory or calming; inner vibrational responses	auditory discrimination; background & focus	auditory; visual; tactile; vestibular; proprioceptive.
<b>Motor</b>	organization for rhythmic coordination; bilateral coordination	stimulus for locomotor movement	smoothness of movements	(ditto above) excitatory or calming; inner vibrational responses	support for movements & functional body use	gross motor; fine motor; bilateral integration; coordination
<b>Language / Communication</b>	facilitates oral motor coordination and preparation for sounds	assists in sound production and flow of vocalizations	encourages use of oral/vocal apparatus	facilitates vocalizations in various ranges and of varying types	imitation; multiple communication options; echo	imitation; symbolic interpretation (pictures, etc.).
<b>Cognition</b>	assists in organizing for responding and learning (calm-alert state)	fast & slow awareness	patterns; sequencing; up and down; facilitates/enhances memory	discrimination & expression of preferences	various academics: pre-reading/reading; pre-math/math; science; history; etc.	identification; matching; labeling; general academics
<b>Social</b>	sets up for group process	calms or stimulates for changes in group dynamics	facilitates attention to group; opportunity for group product	(ditto column 2) calms or stimulates for changes in group dynamics	multiple oppor. to respond in Q/A or echo fashion; also in grp. responses	turn taking; waiting; sharing
<b>Emotional / Affective state</b>	calms or stimulates various emotional states	(ditto column 1) calms or stimulates various emotional states	affects & alters moods; can calm to complete relaxed state	elicits wide range of responses; stimulates memory & brain emoting center	acceptable way to express all emotions safely	body boundary & parts awareness; recognition of peers (names & faces)