

Sustainability Workgroup Meeting

DEC Conference room, 5025 E. Washington St., Phoenix, AZ 85034
Members are asked to please park ONLY in the 4-story parking garage designated for DEC that is located on the east side of the building

January 7th, 2010
9:00 PM – 4:00 PM

AGENDA

- 9:00 Opening Remarks Barbara Brent
- Overview of the workgroup's tasks for the day Nancy Thaler
- At the end of the first meeting the group generated a list of information they felt would be necessary to develop strategies for a sustainable system. A review and analysis of the requested information will be the foundation of the work for the second meeting. (Attachment A)
- 9:30 Workgroup review and analysis of the cost-related information. John Ashbaugh
- 10:30 – 10:45 Break
- 10:45 Continue.....
- 12:00 – 12:45 Lunch
- 12:45 Workgroup review and discussion of non cost-related information..... Nancy Thaler
- 2:45 – 3:00 Break
- 3:00 Problems & Potential solutions for a Sustainable System Nancy and John (Attachment B)
- Additional information request
- Plan next steps
- 4:00 Adjourn

From Dec. 8th minutes

Information/data request: The facilitators emphasized that the work of the group will be data based. That is, identification of opportunities to improve the sustainability of the program will come from an analysis of data. Proposed ideas/solutions will be evaluated on the basis of the data to measure whether they will improve program sustainability as well as adhere to the desired outcomes as outlined by Mr. Young - i.e. consumer directed and quality focused. The group generated a list of data and information requests that they felt would be necessary to assist in further understanding the system and formulating and evaluating recommendations.

- Breakdown of all DDD cost categories: number of people; total costs
 - % of consumers and funding in residential services
 - No. of people employed and related costs; no. of people in work centers and costs; no. of people in other types of day program and costs
 - Costs by service/age of people receiving the services
 - ICF/MR facilities, both public and private - people and costs
 - Allocation of service hours for in home services; how many people and how much for each type of service.
- Revenue from client room and board; comparison to other states
- List of services in ALTCS: scope, frequency, duration, credentials of providers and basis for the requirements (fed/state statute/regulation), evidence basis for each service
- State Funds not earning FFP - categories of spending
- No. of families of consumers over age 18 above and above 300% of poverty: types of services used & costs related for ALTCS (acute and long term care); (find 2003 report) find legislation regarding cost sharing
- Autism # of people; services and costs
- People with high cost service packages; diagnoses, types of service and cost
- Cost increases in acute care for 2005-08
- What is in the premium tax? 2% for managed care organizations: how much total funding and how it is used
- Amount of funding potential from provider taxes
- Case management caseloads
- Service levels of in-home supports
- Families being paid to provide care; how many and how much?
- Residential vacancy rate - how many beds does Arizona need
- No. of non-Medicaid enrolled (not birth to three)
- Individualized budgets and member directed services - what other states are doing

Ideas and Innovations to explore: The group began a very preliminary brainstorming session generating preliminary ideas that might have an impact on the sustainability of the program and/or introduce innovation to the program. The list of ideas is nothing more than a brainstorming list. All ideas must be evaluated against the values and mission of the organization and for effectiveness in improving sustainability.

- Person centered thinking practices - Arizona pilot project
- Rate tools and rate assessments
- Service substitution
- Individualized budgets and member directed services
- Managed Care - using managing entities to manage geographical locations
- Privatization of case management
- Separate monitoring activities from case management and contract with families/consumers for this important responsibility
- Co-pay possibilities
- Evaluate matches of people living in group homes and staffing levels in group homes
- 557 rules restrict the frequency service providers can change: can it be changed and should it be?
- Maximize internal flexibility in the 1115 waiver: waiver amendments take time
- Need provider performance information: need metrics
- Pilot project to determine service effectiveness
- New and different residential models for people who need arrangements outside the family that are not staffed 24 hr a day
- Interactive technology supports for people that enable more independence
- More people in employment
- Look at reducing cost per person by a benchmark percentage
- Peer mentoring model